

## **Emily Okikawa, PTA**

Emily earned her Physical Therapist Assistant degree from Kapiolani Community College and her Bachelor degree from Hawaii Pacific University, Honolulu, Hawaii. She has worked with a full spectrum of diagnoses and ages from pediatric to geriatric and has over 15 years of experience in a variety of settings, including; inpatient, skilled care, and outpatient.

### **Education**

- B.A. in Health Studies, 2005  
Pacific University, Honolulu, HI
- A.S. in Physical Therapist Assistant, 1995  
Kapiolani Community College, Honolulu, HI

### **Experience**

<b>Physical Therapist Assistant</b> Physical Rehabilitation Institute, San Antonio, TX	2010-present
<b>Physical Therapist Assistant</b> Kaiser Permanente, Honolulu, HI	1995-2007

### **Clinical Affiliations**

- Tripler Army Medical Center, OP and INPT, Honolulu, HI July 1995
- Interim Home Health Care CL., Home Health, Honolulu, HI June 1995
- Schofield Army Barracks OP, Waipahu, HI March 1995
- St. Francis Liliha Hospital, INPT, SCF, Honolulu, HI December 1994
- Castle Work Well, OP, Kailua, HI October 1994

### **Memberships**

- A.P.T.A. HI chapter, November 1994

### **Professional Speaking/Inservices**

- OP procedures for P.T.A. students 2003
- Body mechanics with patient transfers to CAN's at S.C.F 2002
- Body and mind connection 2000-2001
- Balance and Gait dysfunctions in elderly populations 1998
- Myofascial Mobilization 1996

### **Community Service**

- 1994 & 1995 Team teaching for nursing students: Transfers, ROM, assisted devices, body mechanics.
- 1995 Demonstrated to H.S. students: P.T.A. skills as a career interest class.
- 1995 Attended legislative hearing issues related to licensure of PTA's in HI.

- 1994 Participated in accreditation site visit of P.T.A. program at K.C.C.

### **Continuing Education courses**

- **Pathophysiology & Mechanics of Overuse Injuries in the Upper/Lower Kinetic Chain**, Northeast Seminars, April 2001
- **How to Become a Great Communicator**, Fred Pryor Seminars, November 2000
- **Fatigue, Sleep and Energy**, Cortex Mind Matters Seminars, October 2000
- **Skills for Secretaries, Administration Assistants and Support Staff**, Fred Pryor Seminars, May 2000
- **Listening to the Body**, Cortex Mind Matters Seminars, April 2000
- **NDT: Intensive Handling Workshop (pediatric)**, Gay Naganuma P.T., April 1999
- **Balance Dysfunction: Implications for Geriatric and Neurological Dysfunction**, Health Care Professions Seminars, March 1998
- **Myofascial Release I**, John F. Barnes, February 1998
- **Geriatric Gait: Analysis and Clinical Intervention**, Keep Pace Seminars, March 1997
- **Myofascial Mobilization**, John F. Barnes, October 1996

### **Instructors**

Marilyn Miller, PT, PhD

Ann Low, MPT

Tom Harrar, MPT, PhD

Mitchell Ideue, MPT

Lt. Col. Cindy Benson, P.T.

Cynthia Iwata, R.P.T.

Cpt. Gallagher, M.P.T

Pola Knight, P.T.A

Greet Cardon, P.T